

Purpose of our Cultivation

Mục đích của tu dưỡng tu  
(theo Hoa Nghiêm)

2020

- To start our new year **2020**,  
I'd like to invite you to review  
the **purpose** of our cultivation!  
It may look deceptively simple,  
yet it is profound and penetrating!  
enjoy!  
Thay

# Purpose Mục đích

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- Practice the bodhisattva's path
- to become a bodhisattva.
- Thực tu đạo Bồ-Tát
- Trở thành Bồ-Tát

↑ altruistic

Why ?  
Tại sao ? ] Who are bodhisattvas ?  
Ai là bồ tát ?

Why?  
Tại sao?

Definitions of Bodhisattvas  
Định nghĩa về Bồ Tát

- 3 grades of Bodhisattvas
- Có 3 cấp bồ tát
  - 1 - Good friends - Thiên Hữu
  - 2 - Great friends - Hiền Hữu
  - 3 - Bodhi friends - Thiên Trí Thủ

## 1. Good friend 善友

- who cares for you and your feelings, thus he/she doesn't gossip, back-bite, sabotage, or slander you directly or indirectly
- who doesn't betray you; knows how to sustain meaningful and fruitful friendship

- is there whenever you need him/her
- Truly cares for your welfare
- spends time listening to you
- gives good and timely advices
- uplifts you when you're down
- protects you when you're attacked
- stands up for you, and stand with you
- can cry and laugh with you

## 2. Great Friend 質友

- is essentially a very good friend , plus :
  - Nurture your goodness for a long stretch of time
  - Believe in your potentials and thus help you stay focused to unfold it

- is willing to sacrifice for you
- cultivates to eradicate your karma on your behalf
- gives you more than receives from you ; yet he/she never asks anything in return nor asks for any recognition
- Never turns her/his back on you no matter how bad you become

### 3. Bodhi friend 智友

*(or bodhisattva friends)*

- is essentially a **great friend**, plus:
  - dedicated his/her life to develop the complete unfoldment of goodness, compassion, wisdom, and skills-in-means in people, including you!

- is wise, knowledgeable, emotionally and spiritually mature
  - Emotionally mature = being kind, compassionate, selfless, forgiving, responsible, reliable, trustworthy...
  - Spiritually mature = being wise , comprehensive(vision), humble , knowledgeable (holistic),...

- being knowledgeable of untying karmic and emotional entanglements is a must-have skill of a bodhi-friend
- being able to coach, teach, nurture, consummate, enlighten, and mature everyone's bodhicitta.
- at the level of Selfless or Non-Dualistic Consciousness

Non-Dualistic True Mind

Selfless consciousness

Altruistic consciousness

Egocentric consciousness

